



OUR LADY OF THE ROSARY CATHOLIC SCHOOL

PERSONAL DEVELOPMENT, HEALTH AND PHYSICAL EDUCATION SCOPE AND SEQUENCE 2020

PERSONAL DEVELOPMENT & HEALTH					
	TERM ONE	TERM 2	TERM 3	TERM 4	
K I N D E R G A R T E N	<p style="text-align: center;">About Me **</p> <p><i>PDe-1, PDe-2, PDe-3, PDe-6, PDe-7, PDe-8, PDe-9, PDe-10</i></p> <p style="text-align: center;">IQ: What makes me similar and different to those around me?</p> <p style="text-align: center;"><u>8 Weeks</u></p>	<p style="text-align: center;">Peer Support</p> <p style="text-align: center;">- Moving Forward: Resilience</p> <p style="text-align: center;"><u>6 Weeks</u></p>	<p style="text-align: center;">Keeping Safe **</p> <p><i>PDe-1, PDe-2, PDe-3, PDe-6, PDe-7, PDe-8, PDe-9, PDe-10</i></p> <p style="text-align: center;">IQ: How do I keep myself safe in different situations?</p> <p style="text-align: center;"><u>6 weeks</u></p>	<p style="text-align: center;">Staying Healthy</p> <p><i>PDe-1, PDe-2, PDe-3, PDe-6, PDe-7, PDe-8, PDe-9, PDe-10</i></p> <p style="text-align: center;">IQ: How do I stay healthy and look after my wellbeing?</p> <p style="text-align: center;"><u>8 weeks</u></p>	
	<p style="text-align: center;">Peer Support</p> <p style="text-align: center;">- Moving Forward: Resilience</p> <p style="text-align: center;"><u>2 Weeks</u></p>	<p style="text-align: center;">Keeping Safe **</p> <p><i>PDe-1, PDe-2, PDe-3, PDe-6, PDe-7, PDe-8, PDe-9, PDe-10</i></p> <p style="text-align: center;">IQ: How do I keep myself safe in different situations?</p> <p style="text-align: center;"><u>4 weeks</u></p>	<p style="text-align: center;">Staying Healthy</p> <p><i>PDe-1, PDe-2, PDe-3, PDe-6, PDe-7, PDe-8, PDe-9, PDe-10</i></p> <p style="text-align: center;">IQ: How do I stay healthy and look after my wellbeing?</p> <p style="text-align: center;"><u>4 weeks</u></p>		
	PHYSICAL EDUCATION				
	<p>Inquiry Questions: How can we move our bodies? How can we solve problems when moving? How do we participate with others when we are active? What choices make me safe, supported and active?</p>				
	TERM ONE	TERM 2	TERM 3	TERM 4	
	<p style="text-align: center;">Gross Motor A: Large Ball Skills</p> <p><i>PDe-4, PDe-5, PDe-8, PDe-10, PDe-11</i></p> <p style="text-align: center;">Fundamental Movement Skills (FMS) – Catch, Kick, Throw</p> <p style="text-align: center;"><u>10 Weeks</u></p>	<p style="text-align: center;">Mini Athletics</p> <p><i>PDe-4, PDe-5, PDe-8, PDe-11</i></p> <p style="text-align: center;">Fundamental Movement Skills (FMS) – Sprint Run</p> <p style="text-align: center;"><u>10 Weeks</u></p>	<p style="text-align: center;">Gross Motor B: Large Ball Games</p> <p><i>PDe-4, PDe-5, PDe-8, PDe-10, PDe-11</i></p> <p style="text-align: center;">Fundamental Movement Skills (FMS) – Catch, Kick, Throw</p> <p style="text-align: center;"><u>10 Weeks</u></p>	<p style="text-align: center;">Movement Concepts & Skills:</p> <p style="text-align: center;">Moving My Body</p> <p><i>PDe-4, PDe-5, PDe-8, PDe-10, PDe-11</i></p> <p style="text-align: center;">Fundamental Movement Skills (FMS) – Static Balance, Rhythmic Movement Patterns, Vertical Jump</p> <p style="text-align: center;"><u>10 Weeks</u></p>	
	<p style="text-align: center;">Infants Water Fun Day</p> <p style="text-align: center;"><u>Week 3</u></p> <p style="text-align: center;">OLR Cross Country</p> <p style="text-align: center;"><u>Week 6</u></p>	<p style="text-align: center;">OLR Athletics Carnival</p> <p style="text-align: center;"><u>Week 9</u></p>		<p style="text-align: center;">Learn To Swim</p> <p style="text-align: center;">Mingara Aquatic Centre Intensive 2 Week Program</p> <p><i>PDe-4, PDe-5, PDe-8, PDe-11</i></p> <p style="text-align: center;"><u>Weeks 7 and 8</u></p>	

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PERSONAL DEVELOPMENT & HEALTH					
	TERM ONE	TERM 2	TERM 3	TERM 4	
Y E A R O N E	Asking For Help ** <i>PD1-2, PD1-3, PD1-7, PD1-8, PD1-9, PD1-10</i> IQ: How can I act to help make my environment safe and healthy? <u>8 Weeks</u>	Peer Support - Moving Forward: Resilience <u>6 Weeks</u>	My Family, My Culture <i>PD1-1, PD1-2, PD1-3, PD1-10</i> IQ: How does family and culture influence the people we become? <u>4 weeks</u>	I Can Do It <i>PD1-1, PD1-2, PD1-3, PD1-6, PD1-9, PD1-10</i> IQ: How does resilience help me to overcome challenges? <u>2 weeks</u>	
	Peer Support - Moving Forward: Resilience <u>2 Weeks</u>	My Family, My Culture <i>PD1-1, PD1-2, PD1-3, PD1-10</i> IQ: How does family and culture influence the people we become? <u>4 weeks</u>	I Can Do It <i>PD1-1, PD1-2, PD1-3, PD1-6, PD1-9, PD1-10</i> IQ: How does resilience help me to overcome challenges? <u>6 weeks</u>	Safe Decision, Healthy Choices <i>PD1-2, PD1-6, PD1-7, PD1-8, PD1-9, PD1-10</i> IQ: How do my choices impact my health? <u>8 weeks</u>	
	PHYSICAL EDUCATION				
	Inquiry Questions: What are the different ways we can move our body? How can we move and improve our involvement in physical activity? How can we participate safely and fairly during physical activity? How can I act to help make my environments healthy, safe and active?				
	TERM ONE	TERM 2	TERM 3	TERM 4	
	Gross Motor 1A: Small Ball Skills <i>PD1-4, PD1-5, PD1-8, PD1-10, PD1-11</i> Fundamental Movement Skills (FMS) – Catch, Throw, Overarm throw <u>10 Weeks</u>	Mini Athletics <i>PD1-4, PD1-5, PD1-8, PD1-11</i> Fundamental Movement Skills (FMS) – Sprint Run, Hop, Side Gallop, Skip <u>10 Weeks</u>	Gross Motor 1B: Small Ball Games <i>PD1-4, PD1-5, PD1-8, PD1-10, PD1-11</i> Fundamental Movement Skills (FMS) – Catch, Throw, Overarm Throw <u>10 Weeks</u>	Movement Concepts & Skills: Moving My Body More <i>PD1-4, PD1-5, PD1-8, PD1-10, PD1-11</i> Fundamental Movement Skills (FMS) – Movement Patterns, Static Balance <u>10 Weeks</u>	
	Infants Water Fun Day <u>Week 3</u> OLR Cross Country <u>Week 6</u>	OLR Athletics Carnival <u>Week 9</u>		Learn To Swim Mingara Aquatic Centre Intensive 2 Week Program <i>PDe-4, PDe-5, PDe-8, PDe-11</i> <u>Weeks 7 and 8</u>	

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	TERM ONE	TERM 2	TERM 3	TERM 4	
Y E A R T W O	Including Everyone ** <i>PD1-1, PD1-2, PD1-3, PD1-7, PD1-9, PD1-10</i> IQ: Why is it important to be inclusive of others? <u>8 weeks</u>	Peer Support - Moving Forward: Resilience <u>6 Weeks</u>	Child Protection I <i>PD1-1, PD1-2, PD1-3, PD1-7, PD1-8, PD1-9, PD1-10</i> IQ: Why do we change? How can I protect myself in different situations? <u>6 weeks</u>	Moving To Stay Healthy <i>PD1-1, PD1-2, PD1-3, PD1-6, PD1-7, PD1-8, PD1-9, PD1-10</i> IQ: How does physical activity improve our health and wellbeing? <u>10 weeks</u>	
	Peer Support - Moving Forward: Resilience <u>2 Weeks</u>	Child Protection I <i>PD1-1, PD1-2, PD1-3, PD1-7, PD1-8, PD1-9, PD1-10</i> IQ: Why do we change? How can I protect myself in different situations? <u>4 weeks</u>	Moving To Stay Healthy <i>PD1-1, PD1-2, PD1-3, PD1-6, PD1-7, PD1-8, PD1-9, PD1-10</i> IQ: How does physical activity improve our health and wellbeing? <u>4 weeks</u>		
	PHYSICAL EDUCATION				
	Inquiry Questions: What are the different ways we can move our body? How can we move and improve our involvement in physical activity? How can we participate safely and fairly during physical activity? How can I act to help make my environments healthy, safe and active?				
	TERM ONE	TERM 2	TERM 3	TERM 4	
	Gross Motor 2A <i>PD1-4, PD1-5, PD1-8, PD1-10, PD1-11</i> Fundamental Movement Skills (FMS) - Leap, Dodge, Sprint Run, Hop, Skip <u>10 Weeks</u>	Athletics <i>PD1-4, PD1-5, PD1-8, PD1-11</i> Fundamental Movement Skills (FMS) <u>10 Weeks</u>	Gross Motor 2B <i>PD1-4, PD1-5, PD1-8, PD1-10, PD1-11</i> Fundamental Movement Skills (FMS) - Catch, Overarm Throw, Kick, 1 and 2 handed strike <u>10 Weeks</u>	Movement Concepts & Skills: Relationships, Rhythm & Expression <i>PD1-4, PD1-5, PD1-8, PD1-10, PD1-11</i> Fundamental Movement Skills (FMS) – Movement Patterns, Static Balance <u>10 Weeks</u>	
	Infants Water Fun Day / OLR Swimming Carnival <u>Week 3</u> OLR Cross Country <u>Week 6</u>	OLR Athletics Carnival <u>Week 9</u>		Learn To Swim Mingara Aquatic Centre Intensive 2 Week Program <i>PDe-4, PDe-5, PDe-8, PDe-11</i> <u>Weeks 7 and 8</u>	

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PERSONAL DEVELOPMENT & HEALTH					
	TERM ONE	TERM 2	TERM 3	TERM 4	
Y E A R T H E E	<p style="text-align: center;">Child Protection II **</p> <p><i>PD2-2, PD2-3, PD2-6, PD2-7, PD2-8, PD2-9, PD2-10</i></p> <p>IQ: How do different relationships influence my social and emotional wellbeing?</p> <p style="text-align: center;"><u>8 weeks</u></p>	<p style="text-align: center;">Peer Support</p> <p>- Moving Forward: Resilience</p> <p style="text-align: center;"><u>6 Weeks</u></p>	<p style="text-align: center;">Taking Action To Stay Safe</p> <p><i>PD2-2, PD2-3, PD2-6, PD2-7, PD2-8, PD2-9, PD2-10</i></p> <p>IQ: How do I recognise unsafe situations and keep myself and others safe?</p> <p style="text-align: center;"><u>3 weeks</u></p>	<p style="text-align: center;">We're all different</p> <p><i>PD2-1, PD2-2, PD2-3, PD2-6, PD2-7, PD2-8, PD2-9, PD2-10</i></p> <p>IQ: How can we be empathetic, inclusive and respectful in our relationships?</p> <p style="text-align: center;"><u>10 weeks</u></p>	
	<p style="text-align: center;">Peer Support</p> <p>- Moving Forward: Resilience</p> <p style="text-align: center;"><u>2 Weeks</u></p>	<p style="text-align: center;">Taking Action To Stay Safe</p> <p><i>PD2-2, PD2-3, PD2-6, PD2-7, PD2-8, PD2-9, PD2-10</i></p> <p>IQ: How do I recognise unsafe situations and keep myself and others safe?</p> <p style="text-align: center;"><u>4 weeks</u></p>	<p style="text-align: center;">Making Opportunities To Move</p> <p><i>PD2-2, PD2-3, PD2-6, PD2-7, PD2-8, PD2-9, PD2-10</i></p> <p>IQ: Why is it important to participate in physical activity?</p> <p style="text-align: center;"><u>7 weeks</u></p>		
	PHYSICAL EDUCATION				
	<p>Inquiry Questions: How can we move our bodies to perform skills in different ways? How can we demonstrate our understanding of movement to solve challenges? How can we include others in physical activity? How can I take action to enhance my own & others health, safety, wellbeing & participation in physical activity?</p>				
	TERM ONE	TERM 2	TERM 3	TERM 4	
	<p style="text-align: center;">Fitness</p> <p><i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11</i></p> <p style="text-align: center;">Benchmark / Baseline</p> <p style="text-align: center;"><u>4 Weeks</u></p> <p style="text-align: center;">Movement Concepts & Skills:</p> <p style="text-align: center;">Moving by myself and with a partner</p> <p><i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11</i></p> <p style="text-align: center;"><u>6 Weeks</u></p>	<p style="text-align: center;">Athletics</p> <p><i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11</i></p> <p style="text-align: center;">Fundamental Movement Skills (FMS)</p> <p style="text-align: center;"><u>10 Weeks</u></p>	<p style="text-align: center;">Throw and Catch: Basketball/ Netball</p> <p><i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11</i></p> <p style="text-align: center;"><u>5 Weeks</u></p> <p style="text-align: center;">Kicking: Soccer</p> <p><i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11</i></p> <p style="text-align: center;"><u>5 Weeks</u></p>	<p style="text-align: center;">Bats and Balls: Softball/ Baseball/ Tee Ball</p> <p><i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11</i></p> <p style="text-align: center;"><u>5 Weeks</u></p> <p style="text-align: center;">Indigenous Games</p> <p><i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11</i></p> <p style="text-align: center;"><u>5 Weeks</u></p>	
	<p style="text-align: center;">OLR Swimming Carnival</p> <p style="text-align: center;"><u>Week 3</u></p> <p style="text-align: center;">OLR Cross Country</p> <p style="text-align: center;"><u>Week 6</u></p>	<p style="text-align: center;">OLR Athletics Carnival</p> <p style="text-align: center;"><u>Week 9</u></p>	<p style="text-align: center;">Year 3 & 4 Netball/ Soccer Gala Day</p> <p style="text-align: center;"><u>Week 7</u></p>		

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	TERM ONE	TERM 2	TERM 3	TERM 4	
Y E A R F O U R	<p style="text-align: center;">Coping with Challenges ** PD2-1, PD2-2, PD2-6, PD2-7, PD2-8, PD2-9, PD2-10 IQ: How does persistence build resilience?</p> <p style="text-align: center;"><u>8 weeks</u></p>	<p style="text-align: center;">Peer Support - Moving Forward: Resilience</p> <p style="text-align: center;"><u>6 Weeks</u></p>	<p style="text-align: center;">My Kitchen Rules PD2-2, PD2-6, PD2-7, PD2-8, PD2-9, PD2-10 IQ: How do food choices impact my health and wellbeing?</p> <p style="text-align: center;"><u>6 weeks</u></p>	<p style="text-align: center;">Growing Up PD2-1, PD2-2, PD2-7, PD2-9, IQ: How can I manage change?</p> <p style="text-align: center;"><u>10 weeks</u></p>	
	<p style="text-align: center;">Peer Support - Moving Forward: Resilience</p> <p style="text-align: center;"><u>2 Weeks</u></p>	<p style="text-align: center;">My Kitchen Rules PD2-2, PD2-6, PD2-7, PD2-8, PD2-9, PD2-10 IQ: How do food choices impact my health and wellbeing?</p> <p style="text-align: center;"><u>4 weeks</u></p>	<p style="text-align: center;">Growing Up PD2-1, PD2-2, PD2-7, PD2-9, IQ: How can I manage change?</p> <p style="text-align: center;"><u>4 weeks</u></p>		
	PHYSICAL EDUCATION				
	<p>Inquiry Questions: How can we move our bodies to perform skills in different ways? How can we demonstrate our understanding of movement to solve challenges? How can we include others in physical activity? How can I take action to enhance my own & others health, safety, wellbeing & participation in physical activity?</p>				
	TERM ONE	TERM 2	TERM 3	TERM 4	
	<p style="text-align: center;">Fitness PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11 Benchmark / Baseline <u>4 Weeks</u></p> <p style="text-align: center;">Movement Concepts & Skills: Sequencing Together PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11 <u>6 Weeks</u></p>	<p style="text-align: center;">Athletics PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11 Fundamental Movement Skills (FMS)</p> <p style="text-align: center;"><u>10 Weeks</u></p>	<p style="text-align: center;">Throw and Catch: Basketball/ Netball PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11 <u>5 Weeks</u></p> <p style="text-align: center;">Kicking: Soccer PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11 <u>5 Weeks</u></p>	<p style="text-align: center;">Bats and Balls: Hockey/ Minkey PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11 <u>5 Weeks</u></p> <p style="text-align: center;">Kicking: AFL PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11 <u>5 Weeks</u></p>	
	<p style="text-align: center;">OLR Swimming Carnival <u>Week 3</u></p> <p style="text-align: center;">OLR Cross Country <u>Week 6</u></p>	<p style="text-align: center;">OLR Athletics Carnival <u>Week 9</u></p>	<p style="text-align: center;">Year 3 & 4 Netball/ Soccer Gala Day <u>Week 7</u></p>	<p style="text-align: center;">Water Safety 1x day PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11 <u>TBC</u></p>	

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Y E A R F I V E	Promoting Connections ** <i>PD3-1, PD3-2, PD3-3, PD3-6, PD3-7, PD3-8, PD3-9, PD3-10</i> IQ: How does inclusion support our health and wellbeing? <p style="text-align: center;"><u>8 weeks</u></p>	Peer Support - Moving Forward: Resilience <p style="text-align: center;"><u>6 Weeks</u></p>	Survivor <i>PD3-2, PD3-3, PD3-7, PD3-8, PD3-9, PD3-10</i> IQ: What qualities and characteristics help me overcome personal obstacles? <p style="text-align: center;"><u>6 weeks</u></p>	Growing and Changing <i>PD3-1, PD3-2, PD3-3, PD3-6, PD3-7, PD3-8, PD3-9, PD3-10</i> IQ: How can I manage transitions and changes over time? <p style="text-align: center;"><u>10 weeks</u></p>
	Peer Support - Moving Forward: Resilience <p style="text-align: center;"><u>2 Weeks</u></p>	Survivor <i>PD3-2, PD3-3, PD3-7, PD3-8, PD3-9, PD3-10</i> IQ: What qualities and characteristics help me overcome personal obstacles? <p style="text-align: center;"><u>4 weeks</u></p>	Growing and Changing <i>PD3-1, PD3-2, PD3-3, PD3-6, PD3-7, PD3-8, PD3-9, PD3-10</i> IQ: How can I manage transitions and changes over time? <p style="text-align: center;"><u>4 weeks</u></p>	
PHYSICAL EDUCATION				
	Inquiry Questions: How can we adapt and perform movement skills in different ways? How can we use strategies and tactics to create solutions to movement challenges? How can we work with others to build positive relationships during physical activity? How responsible am I for my own and others health, safety and wellbeing?			
	TERM ONE	TERM 2	TERM 3	TERM 4
	Fitness <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11</i> Benchmark / Baseline <p style="text-align: center;"><u>4 Weeks</u></p> Movement Concepts & Skills: Manipulating Elements of Movement <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11</i> <p style="text-align: center;"><u>6 Weeks</u></p>	Athletics <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11</i> Fundamental Movement Skills (FMS) <p style="text-align: center;"><u>6 Weeks</u></p> Kicking: Soccer <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11</i> <p style="text-align: center;"><u>4 Weeks</u></p>	Throw and Catch: Basketball/ Netball <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11</i> <p style="text-align: center;"><u>6 Weeks</u></p> Bats and Balls: Cricket <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11</i> <p style="text-align: center;"><u>4 Weeks</u></p>	Throw and Catch: Oztag/ Touch Football <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11</i> <p style="text-align: center;"><u>5 Weeks</u></p> Striking: Newcombe Ball/ Volleyball <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11</i> <p style="text-align: center;"><u>5 Weeks</u></p>
	OLR Swimming Carnival <p style="text-align: center;"><u>Week 3</u></p> OLR Cross Country <p style="text-align: center;"><u>Week 6</u></p>	OLR Athletics Carnival <p style="text-align: center;"><u>Week 9</u></p> CCC Soccer Gala Day <p style="text-align: center;"><u>Week 9</u></p>	CCC Netball Gala Day <p style="text-align: center;"><u>Week 9</u></p>	Waratah Shield <p style="text-align: center;"><u>Week 2</u></p> CCC Touch Football Gala Day <p style="text-align: center;"><u>Week 5</u></p> Surf Awareness 1x day <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11</i> <p style="text-align: center;"><u>TBC</u></p>

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Y E A R S I X	<p>Managing My Relationships ** <i>PD3-1, PD3-2, PD3-3, PD3-6, PD3-7, PD3-8, PD3-9, PD3-10</i></p> <p>IQ: How do we establish and maintain positive relationships in a variety of contexts? <u>8 weeks</u></p>	<p>Peer Support - Moving Forward: Resilience</p> <p style="text-align: center;"><u>6 Weeks</u></p>	<p>Being Healthy <i>PD3-2, PD3-6, PD3-7, PD3-8, PD3-9, PD3-10</i></p> <p>IQ: What is the impact of our choices and decisions on our own and others health and wellbeing? <u>6 weeks</u></p>	<p>Safe Me, Safe You <i>PD3-1, PD3-2, PD3-3, PD3-6, PD3-7, PD3-8, PD3-9, PD3-10</i></p> <p>IQ: How might I keep myself and others safe in a variety of situations? <u>10 weeks</u></p>	
	<p>Peer Support - Moving Forward: Resilience</p> <p style="text-align: center;"><u>2 Weeks</u></p>	<p>Being Healthy <i>PD3-2, PD3-6, PD3-7, PD3-8, PD3-9, PD3-10</i></p> <p>IQ: What is the impact of our choices and decisions on our own and others health and wellbeing? <u>4 weeks</u></p>	<p>Safe Me, Safe You <i>PD3-1, PD3-2, PD3-3, PD3-6, PD3-7, PD3-8, PD3-9, PD3-10</i></p> <p>IQ: How might I keep myself and others safe in a variety of situations? <u>4 weeks</u></p>		
	PHYSICAL EDUCATION				
	<p>Inquiry Questions: How can we adapt and perform movement skills in different ways? How can we use strategies and tactics to create solutions to movement challenges? How can we work with others to build positive relationships during physical activity? How responsible am I for my own and others health, safety and wellbeing?</p>				
	TERM ONE	TERM 2	TERM 3	TERM 4	
	<p>Fitness <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11</i> Benchmark / Baseline <u>4 Weeks</u></p> <p>Design A Game / Cultural Games <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11</i> <u>6 Weeks</u></p>	<p>Athletics <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11</i> Fundamental Movement Skills (FMS) <u>6 Weeks</u></p> <p>Kicking: Soccer <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-10, PD2-11</i> <u>4 Weeks</u></p>	<p>Throw and Catch: Ultimate Frisbee/ Netball <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11</i> <u>6 Weeks</u></p> <p>Bats and Balls: Cricket <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11</i> <u>4 Weeks</u></p>	<p>Bats and Balls: Golf/ Tennis <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11</i> <u>6 Weeks</u></p> <p>Kicking: Gaelic Football (modified) <i>PD2-4, PD2-5, PD2-7, PD2-8, PD2-9, PD2-10, PD2-11</i> <u>4 Weeks</u></p>	
	<p>OLR Swimming Carnival <u>Week 3</u></p> <p>OLR Cross Country <u>Week 6</u></p>	<p>OLR Athletics Carnival <u>Week 9</u></p> <p>CCC Soccer Gala Day <u>Week 9</u></p>	<p>CCC Netball Gala Day <u>Week 9</u></p>	<p>Waratah Shield <u>Week 2</u></p> <p>CCC Touch Football Gala Day <u>Week 5</u></p>	

** denotes a unit with a focus on Bullying