I feel confident I understand this concept well.
I am ready for the next learning challenge.

I am getting there and would like more practice.
I need a little bit more support.

I am stuck on this concept.
I need more help here please.

This routine is an adaptation of the Red Light, Yellow Light thinking routine. It is designed to help learners reflect on their understanding and progress with their learning using a simple visual coding system.
**PURPOSE**
What kind of thinking does this routine encourage?
This routine is designed to support learners as they reflect on their current understanding and progress during a learning experience. The use of the visual coding system helps learners to recognise different phases in the learning process that helps us move from not knowing to knowing.

**APPLICATION**
When and where can it be used?
Use this routine:
- During various phases of a learning journey. For example,
  - When introducing a new concept or skill
  - After learners have had some time to practice or develop skills and understanding
  - At the conclusion of a learning experience or unit of work

**ASSESSMENT**
How can I use this routine as an assessment?
As this routine exists in a moment of time, there exists both opportunities and challenges when assessing.
- Are learners able to accurately identify where they are in their learning journey?
- Can students use this self-reflection to identify future learning goals or pathways?
- Are they able to signal areas of challenge in their learning and work collaboratively with others to problem-solve and develop solutions?

**LAUNCH**
What are the steps needed for starting and using this routine?
1. **Set up** → Learners are given prompts to outline what each colour represents when self-reflecting.
2. **Pause & Think** → Learners are asked to pause and take the time to think about the learning they are or have just engaged with.
3. **Colour Choice** → Learners identify using the three colours, where they are currently at with the content or skills being explored.
4. **Record** → Learners record their choice near their learning with a short explanation about why they chose this traffic light colour.
5. **Sharing Thinking** → Learners share their thinking either with the teacher, small group or whole class depending on the purpose.

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