## What is Thinking? Categorical Responses

Memory and	General and	Self-Regulation and	Specific Thinking
Knowledge-based	Nonspecific	Motivation	Strategies and
Strategies	Strategies	Strategies	Processes
<ul> <li>Responses related to surface learning</li> <li>Focus on storage and retrieval of information</li> <li>'Practice it over and over again'</li> </ul>	<ul> <li>Often sound good but do not reflect specific actions one could take.</li> <li>Examples:         <ul> <li>Think logically</li> <li>Problem solve</li> <li>Metacognition</li> <li>Understand</li> </ul> </li> </ul>	Reflect students' understanding that thinking needs to be motivated and managed  Examples: Tell myself I can do it Clear my mind of all other worries	<ul> <li>Deep or constructive approaches to learning that are about:         <ul> <li>Making meaning</li> <li>Building understanding</li> <li>Solving problems</li> <li>Making decisions</li> </ul> </li> <li>Example:         <ul> <li>Consider different perspectives</li> </ul> </li> </ul>